

### **ISD Virtual Learning**

## Public Safety 10-12

April 13, 2020

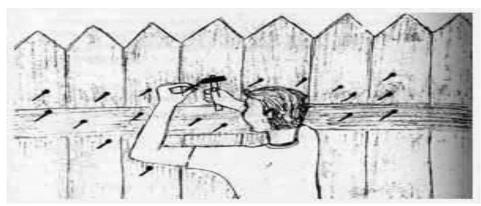


Public Safety Lesson: April 13, 2020

# Objective/Learning Target: Using Voice instead of Using Force

#### Warm Up

Have you heard the story about the father and son having the life-lesson conversation about choosing your words wisely? The father explained that words, once spoken could not be unsaid or taken back. Struggling to grasp the meaning the father took him outside with a hammer and a bucket of nails. He told his son to hammer several nails into their fence. The father explained that our words were the nails, driven into the fence like the words we drive into the lives of people around us. Once he had driven in several nails, the father the son to look at the damage the nails had done. The son, sure of himself, said "easy, I'll just pull the nails out." Then the nails will no longer be in the fence.



#### Warm Up Cont.

As the youngman removed those nails from the fence, like an apology for harsh words, he began to see the flaw in his argue. Each nail could be removed, but the damage to the fence was still there. The nails were removed, but there were hole left behind.



We need to choose our words and approach very wisely. Once the impact of our words has occurred, repairing any damage can be costly if not impossible

#### **Lesson Activity**

As we think about the impact of our words from people we know and care about, how about with strangers? How about with people we already have a shaky relationship with? As Police Officers address the public, we need to remember the holes that our words have left and the holes left by the words of those before us. We have a lot of damage to repair, trust to rebuild. Watch the following video by clicking on the link below and think about how we could change the way we speak to each other.

#### Use of Voice not Force

#### **Practice**

In this talk, recorded at TEDxEustis in January 2019, Sgt. Fred Jones brings a unique perspective to the conversation regarding use of force by law enforcement. An advocate for emotional intelligence training, Jones makes a passionate and reasoned plea for empathy and training for law enforcement officers.

Fred Jones is a native Floridian from Bunnell, Florida. He has worked in Law Enforcement for over 20 years. Fred is a graduate of the Auxiliary Command Officer School at the University of Louisville and attends Flagler College where he is completing his degree in Public Administration.

Fred currently works as a Sgt. in Professional Standards for the Lake County Sheriff's Office. He also acts as one of the Public Information Officers. Fred's responsibility also includes being the agency's Crisis Intervention Training Coordinator, working with LifeStream to train his and other agencies in de-escalation techniques. Fred has also trained the sworn members of his agency in the Human Diversity Training titled Racial Intelligence Training and Engagement. Fred states that he is a firm believer in transparency between law enforcement agencies and the community, and will continue to work hard to build a positive relationship with the community. Transparency Advocate This talk was given at a TEDx event using the TED conference format but independently organized by a local community. Learn more at <a href="https://www.ted.com/tedx">https://www.ted.com/tedx</a>

#### Reflection

How much more meaningful is the conversation when personal experience is brought into the lesson?

What are ways you can reset going onto the next call, giving every citizen the best of you?

#### Some ideas:

His experience, "how I felt", adds to the concept tremendously. Should give us a better look at we treat people and the impression we make. It also drove the way he treated people.

Music, mobile meditation, breathing techniques, prayer, etc.